

The 2024 Battle of the Beaches Ambrose golf tournament was a celebration of competitive amateur golf played in glorious late summer weather. The Dunes on the day looked as good as any of the top courses around the world. "We're pretty fortunate to be able to showcase such a beautiful part of the world and call it home," said co-organiser and Dunes club member Neil Purchase. "The event bought a lot of first time golfers to the Dunes who were impressed with what we have here and will be back for more."

"The Battle of the Beaches was about creating a great team environment for the players to enjoy themselves and I believe that we succeeded in achieving that. It was a huge event attracting 144 players in 36 groups of 4 playing over 18 holes. Pretty much the maximum capacity any golf course can cope with over a day."

There had to be a winning beach community and for 2024 it was the home team Matarangi who took home the trophy against our other beach communities around the peninsula, much to the disappointment of the Whangapoua contingent who won inaugural honours last year.

The Handicaps with Michelle Swainbank, Jamie Swainbank, Oliver Rose, and Josh took the overall tournament honours just ahead of the strong The Dunes Boys team that included Max Gaskell, Luke Steiner, course superintendent Raymond Fanning,

and Allan Dickinson of the course ownership group. Cybertruck, a team made up of Mike and Roy Pollok, Scott Prouse and Jono came in third. There were at times some displays of golfing brilliance played through out the tournament round, including a dazzling chip shot by Tony Nicholson on the second hole right in front of the media tent (well if a sun umbrella, chilly bin and a deck chair constitutes a media tent.)

Also on the second hole the youngest player on the day Bella Dixon (10) showed her potential with a very nice long putt that put her team in strong contention to win the hole, much to the pride of her dad Paul. It was growing the game of golf amongst our younger players that was the underlying purpose of the day. So youngsters like Bella can have more juniors to play with and a huge start has been made in that regard with respect to the proceeds raised by the tournament.,

"We were able to raise enough funds to buy six sets of junior clubs, these have been donated to the club and are available for use of the members and local schools," said Neil Purchase. "The new clubs are sized for primary school aged children so we look forward to seeing a new crop of Juniors getting out there enjoying the new clubs and the sport of golf."

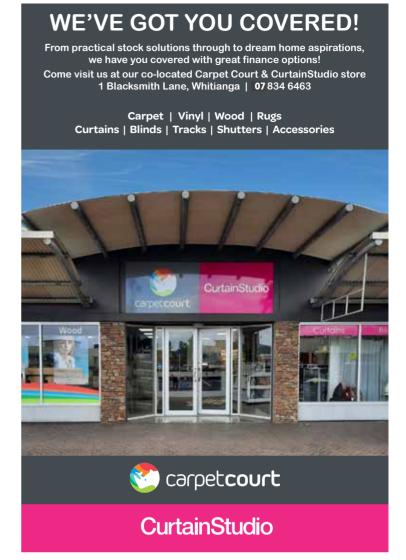
Te Rerenga School principal Mary Kedzlie said the arrival of six sets of junior clubs at the Dunes is wonderful opportunity for local children to try out golf. "As a player who is new to golf myself I look forward to having a round or two with the children. We have this wonderful sporting facility in the area with the Dunes course and I strongly support the moves made to open up golf to younger players. Moves such as the sets of new junior clubs and the new children's yellow tees."

If the playing was top notch so was the fun afterwards. The auction saw keen bidding on a number of great items that included signed All Blacks and Warriors merchandise. The buffet dinner put on by our great Dunes chefs was excellent and as the sun started go down on a brilliant summer festival of golf at the Dunes, top Kiwi musicians Donald Reid, Richard Reid and Greg Hart of the rock band The Hand got the crowd up dancing. http://www.donaldreid.co.nz/

Neil Purchase and fellow organiser Jarod Adams were quick to note that the sponsors and supporters really made the difference in taking the Battle of the Beaches to the next level. "Businesses and people really make the difference in being able to put on local events like this. A very special thank you to our sponsors OneNZ, Ricoh, The Clubroom, Dynamic Scaffolding, The Whole Box and Dice, ITM Coromandel, Beach Realty, Grins, Red Bull, Ping, Paul Broome, The BBQ Butcher, JA Russell and the management, staff and membership of the The Dunes Golf & Community Club Matarangi for making the day such an epic event."











Seabreeze Mangawhai Floor Plan © G.J. Gardner Homes 2021

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CONTACTS & DEADLINES

This is your community paper. We welcome all your stories, photos, messages and contributions.

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The rural letterbox deliveries are the first Friday of every month.

For a monthly e-version subscribe at: contact@ matarangibeachpaper.com

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Urgent Numbers

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CONTRIBUTORS:

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The Matarangi Beach Paper thanks the following contributiors...Te Rerenga School; David Key; Dave Fitz; Alastair Brickell; Jaye Harrod; Amy English; Howie Taylor; Mark Hall; Bronwyn Ririnui; The Dunes Golf Club; and Jo Nicholson and Kay Airey because without these contributions and stories, your local paper wouldn't be quite the same. Thank you!

The School B

It has been wonderful to welcome back our children for the 2024 school year in such beautiful summer weather. Such a contrast to the events of 2023 which seriously affected our start. We are looking forward to a great year of learning and have a starting roll of around 120 with a number of more expected enrolments during the year.

There was lots of action on the school site over the summer break. The ground works for the pump track was completed before Christmas. There is some concreting work to still happen as well as planting/landscaping around the track, so it is still a few weeks before we will officially open the track and have the children using it. An application is in the process of being made to get helmets, bikes and scooters that will be kept in locked storage. There was also the completion of a number of building projects with new roofing being installed over a section of the hall/staffroom and also between Ruma Maunga and Ruma Rangi, new toilets built beside Ruma Maunga and a new Learning Support office and sick bay in the administration area.

We have only had a couple of small changes to our team this year. We welcomed Mark Commins who has taken on the role of Learning Caretaker-Groundsman and Support after Howard Collins retired and we farewelled our Learning Assistant Mrs Robelyn Dickinson, who has moved with her family to Auckland.

The school has had a busy February calendar with our Meet and Greet evening followed by a family picnic and sausage sizzle and the Year 1-3 Swimming Demonstration was held where parents came to see what their children are doing in their class swimming sessions. Last week the Year 4 - 8 students had their swimming sports at Coromandel Area School. There were some great results and the top swimmers will swim at Coromandel again this Friday for the Northern Peninsula Swimming

Ma te huruhuru ka rere te manu Adorn the bird with feathers to enable it to fly.

Mary Kedzlie Principal

Congratulations Corner!

Congratulations to two Matarangi legends, Phil Mosen and Bob Segetin on celebrating their 70th birthdays. A photo published in the MBP in March 2014 on their 60th birthday, shows that these two haven't aged one little bit with both still wearing their signature trademark moustaches! Happy Birthday fellas! No doubt you have had one or two celebratory bevvies together at a recent Thirsty Thursday!

GOOD SORT OF THE MONTH



Neil Purchase and Jarod Adams have been nominated as the Good Sorts of the Month.

Together they organised a great Battle of the Beaches event last month at the Dunes that attracted loads of new golfers into the village and by doing so raised enough money for six new sets of kids golf clubs so as to grow the junior game.

Organising such events takes up a massive amount of time and effort, but it takes movers and shakers like Neil and Jarod to get things done. Well done gentleman, the good good folk of the community salute you.



Ten Years ago the 2nd Annual Fishing and Boating Club Kontiki Contest was held over nine days. Matarangi Beach was lined with fisherman aiming to claim the title and each evening the weigh masters met at the Fire Station to see what they brought in. Hugh Chapman was finally announced as the overall winner.

The inaugural Kuaotunu Tennis Tournament was held with the winners being Steffi Hosters and Mike DeLillis. It was only supposed to be a small tournament for locals, but as there were registrations from far away as Wellington, United States, Germany and The Netherlands it became known as the Kuaotunu International Tournament!

On the golfing scene Chris Palmer reported that there had been two 'holes in one' with Jon Deare and Murray James both hitting the pin in one shot.

Anna Yates, principal of Te Rerenga School reported an awesome start for the school year with the children busy practicing for the upcoming 'A Taste of Matarangi' festival, saying they can't wait to perform in front of such a large audience. The school welcomed Teresa Kedzlie the new Coromandel Resource Teacher: Learning and Behaviour who will have an office at the school, and Fiona Watts as new senior class teacher. Fiona is still teaching at the school and is now a teacher of our Year 1 and 2 children. The school also received their confirmed ERO report and Anna reported that this was a positive and affirming visit for the school which reinforced the strong and committed BOT and the great team of teachers.

PESTIE CORNER

with Amy English of Peninsula Pest Services

I am going to keep it fairly short and sweet this month. Put simply, there has been explosion in insects this summer, particularly ants, cockroaches and wasps. So, if you are finding more of these in or around your home than usual, I can guarantee you are not the only one! Unfortunately, we have the lovely hot summer weather we have been having to thank. I guess we need to take the bad with the good.

However, there are some general housekeeping rules you can follow to reduce the chances of ants or cockroaches taking up residence in your home.

These include:

- Keep it tidy! Clean up any crumbs, grease or other good attractants as often as possible.
 France withink and a specific an
- Ensure rubbish and organic compost bins are emptied often & cleaned in between.
- Keep food in sealed containers particularly anything containing sugar or protein.
- Seal up any obvious cracks or holes where insects can enter the home.
- If you have ants coming inside, seemingly to water, try placing a saucer of water outside closest to where they are coming in. They need to drink every day just like us!

Certain types of ants and cockroaches can be quite tricky to get rid of and may require a multi-faceted approach combined with patience! This can be especially hard when you have a rental property that only seems to have an issue when it is occupied (It is all about the food!) If you are having a persistent problem, please don't hesitate to get in contact and we can work out the best plan of action.

THE FISHING REPORT Matarangi Boat & Fishing Club

The weather has been perfect for fishing this last month. We have had some good size fish weighed in by both our senior and junior members. Keep it up, it's great to see.

The NZ Sport Fishing Nationals are being held 17th-24th February. We have a group of club members out there fishing and weighing in their catches. As soon as we have results, we will post on social media pages.

With the warmer weather the sea temps are rising so we have had reports of some of the bigger game fish being caught in shallower waters than normal.

Our events team are working on a sponsored fishing grid and sponsors' page. Once finalised details will be sent out to club members and posted on our website and Facebook page.

Doris Day Out Ladies Fishing Tournament is being held 16th March 2024, with \$10,000 worth of prizes up for grabs. This is a great day both out on the water and at the after event so ladies get a team together and head to www.mbfc.co.nz to register.

Early bird entries close 9pm, 29th February, with final close of entries Noon, 14th March 2024.

A few club members will be trying their luck again this year in the Kuboto Billfish Classic Tournament held in Whitianga 14th - 16th March. Will post results next newsletter.

You can keep up to date with news on our website www. mbfc.co.nz and Facebook page https://www.facebook.com/matarangiboatandfishingclub

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The WHITIANGA COASTGUARD can be contacted on CHANNEL 63 and the NOW WEATHER REPORT is on CHANNEL 20.

Safe boating and limit your catch, don't catch your limit.

Tight Lines,

Howie



The Matarangi Fire Report

Another quiet month with just the one call out, a search and rescue with our newly upgraded RIB.

We have our traditional Easter Fishing Competition on Saturday 30th March this year. This is where all Snapper caught will go into a draw to win \$1000 for the average weight Snapper. Also this year the Brigade will have a \$1000 prize for the biggest Snapper and there are many other cash and spot prizes as well.

After weigh in, the public are welcome to come and participate in our Fish Auction, and even have your fish filleted should you choose. All proceeds raised will go towards our Volunteer Fire Brigade.

Mark Hall, Chief Fire Officer







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OUR CONSERVATION COMMUNITY

Become a Dunes Care Volunteer



Matarangi Dune Restoration Group Volunteers after a productive February weeding session at the Village Green

As the Matarangi Dune Restoration Group restore our dunes with more native dune plants this creates connecting habitats to support the diversity of vertebrate and invertebrate species that live within. Volunteers in the bi-annual Beach Cleanup ensure that driftwood remains in situ as we know this natural detritus is a refuge for lizards and insects to escape from predators and 'hibernate' in colder weather. Monitoring of pests (and trapping if required) is also critical to maintain the equilibrium.

Next Dune Event:

If you are interested in helping to restore the Matarangi dunes, come along to the monthly dune restoration event – held every first Thursday of the Month 09:00 – 11:00. Next dune restoration group event is Thursday 4th April 09:00. Meet by the Village Green BBQ area – Access # 8.

Kay Airey & Jo Nicholson (Matarangi Dune Restoration Group Coordinators)

RINGS BEACH WETLANDS GROUP PLAN BUSY AUTUMN PROGRAMME

Hard to credit we are in Autumn already, the splendid summer season just flying by!

The wet winter and spring seasons have meant outstanding growth of Flora everywhere and with that an increased requirement for track clearing and maintenance. Along with that growth of the native the wilding pine and other invasive weed species have also had a bumper time and in places a lot of work is required to keep them under control. RBWG will be getting contractors in to cull the pines when the hot and dry conditions reduce. This is of course an expensive business, and we are always looking for financial assistance to carry out this work. Any contributions would be gratefully accepted!

A team of contractors will return in March or April to deal to the wilding pines, this continued programme being funded and managed by WRC.

Trapping work continues as usual and we are happy to report the completion of the south -western boundary track, work that has taken some time to complete with pine removal work and storm events slowing the work down considerably over the last year or so.

We have plans afoot to increase and develop the trapping regime in other areas of the reserve also as funds for this become available. Also, we are always on the hunt for volunteer trappers who can commit to a regular run on a 10-to-14-day schedule. If anyone is interested, please contact us via our website or me directly on 021 1740 721.

The directional signage for the main walking track and wet-land loop that DOC have been working on has not arrived yet but should do so in

the next month or so. It will be good to have that in place to help visitors navigate the tracks and to give better indication as to what to expect on those routes.

Great to see the Bittern signage on the causeway road in place and many thanks to TCDC roading team for their swift response to the request for these signs following the death of a female bittern in October hit by a car near the bridge. These birds are critically endangered, and the death of a female bird is particularly tragic as female numbers are believed to be especially low. Please be aware of the presence of these birds, which will feed in ditches along the roadsides and on the road surface preying possibly on rainbow skinks basking on the warm tarmac. They are a big bird and take a while to get up when startled by vehicles.

The Matarangi and Whangapoua causeway roads and the Otama wetland road are areas where particularly care is required.

Great to see some constant drizzle today as I write this report and hope it continues for awhile as it is very dry out there now!

Ma te wa, Dave Fitz.





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Matarangi's Mike James: Working in the World of SEO



Since the first Covid lockdown four years ago we have seen a dramatic doubling in the population of Matarangi. Many people who were city dwellers from Auckland re-evaluated their hectic city lives and like refugees sort to escape the traffic, crowds, skyrocketing house prices and for some the rise in crime. A desire for a life style where nature is closer, neighbours are known and a state of mind where freedom can be rediscovered was enticing. The promise of a beach lifestyle all year round!

Nowadays with modern technology and high speed broadband one no longer needs to always go to an office in the city to do business. One can connect with their clients and make a livelihood from the comfort of one's Matarangi home. This has led to a huge career diversity in what people do for their livelihoods in the village, as more of the wider world takes up residence here.

That is what Mike and Leanne James did twelve months ago when on the very weekend that Cyclone Gabrielle hit, they shifted to Matarangi from Auckland. All for the same reasons that many others have done since March 2020.

Mike is an IT professional and online marketing specialist. He was able to literally pick up his computer and plug it in right here in Matarangi and keep right on working with his clients, only needing to go to Auckland or elsewhere when required.

What Mike does is intriguing for many of us, who are mere mortals when it comes to the whole gambit of IT, computing and other electronic mysteries. He is an SEO expert. What did you say? SEO or Search Engine Optimisation. Contrary to popular belief the Field of Dreams theory, referencing the 1989 Kevin Costner movie classic, of "If you build it. They will come" does not quite work with respect to website visits for your business. How to get people to engage with your businesses webpage is where Mike steps in with his SEO magic.

In the vast digital landscape, getting noticed is key for businesses. Search Engine Optimisation (SEO) is the tool that helps your online presence stand out. Wanting to know more, I asked Mike to break down what SEO is, its relevance, and why it matters for your business. SEO, is the process of optimising your online content to improve its visibility on search engine results pages (SERPs). Essentially making it more likely for users to find your business, rather than your competitors.

Here is what Mike says you need to know as a layperson when it comes to the wonderful world of SEO and websites.

SEO is About Brand Trust, Not Just Keywords Contrary to common belief, SEO is not just about stuffing keywords into your content. It's about building trust with your audience

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& search engines. You need high-quality, relevant content that provides value to users. Establishing your brand as a trustworthy authority in your industry is a crucial aspect of effective SEO.

Directories and How They Work

Online directories play a significant role in SEO. These platforms categorise businesses based on location, industry, and other factors. Ensuring your business is listed accurately in relevant directories can boost your local SEO and overall online brand visibility.

The SEO Battles - Pick Your Fight

The digital landscape is competitive, and SEO is a battlefield. Choosing the right battles involves understanding your target audience, industry, and competitors. Going after "plumber" may be quiet difficult, whereas "kitchen plumbing specialists" will likely be easier to rank.

Google AI and Its Impact on SEO

Google's search algorithm is powered by artificial intelligence, constantly evolving to deliver more accurate and relevant results. Using AI like Chat GPT to write content then adjusting your content with a human touch can improve your search rankings.

Why Claim Your Free Google Business Site? Claiming your free Google Business listing is a fundamental step in local SEO. It ensures that your business information appears accurately on Google Maps and local search results. This not only enhances your online visibility but also helps potential customers find essential information about your business quickly. Remember it is free.

Who Gets 60% or More of All Calls?

Statistics show that a significant portion of local searches result in phone calls. By optimising for local search with your Google Business Profile (GBP) you increase the likelihood of potential customers contacting you directly. These GBP get over 60% of search calls.

Is YouTube Worth the Trouble?

YouTube is the second largest search engine after Google itself. Incorporating YouTube into your SEO strategy can expand your reach and engage audiences and contribute significantly to your overall SEO efforts.

Claim Your Share - The Importance of local SEO for Business Growth

In conclusion, SEO is not just a marketing buzzword; it's a critical component of your business's online success. We suggest focusing on your Google Business Profile, not website SEO. Why? To capture up to 60% of all search result calls!

For more business phone calls please visit http://schr.io/free

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As the vibrant coastal town of Matarangi gears up for its ninth A Taste of Matarangi festival, music enthusiasts and festival-goers alike are in for a treat on April 6th. A Taste of Matarangi has become a hallmark event, showcasing the regions diverse culinary talents from succulent seafood to savoury street food, and a day of live entertainment, creating a lively and festive atmosphere for all.

Beyond the entertainment & food, the festival is driven by a spirit of generosity and community. This year, A Taste of Matarangi is proud to support local charities Te Rerenga School & Kuaotunu Search & Rescue through various avenues, including charity auctions, raffles and the everpopular bucket drop. Attendees have the chance to make a difference while enjoying an unforgettable experience and with the option to donate online when purchasing tickets ensures that the charitable spirit extends beyond the festival grounds.

Get ready for a chance to win incredible prizes and make your visit to A Taste of Matarangi even more memorable.

Embark on an extraordinary adventure with our star auction prize – a breathtaking scenic flight for 3 people over the stunning Mercury Bay with your expert pilot, Charlie

Chilwell. Secondly, the 'Matarangi Getaway package' includes One night Accommodation at the Matarangi B&B, a Pipers café voucher & two massage vouchers from Holistic Health.

At our fundraiser auction you will get the chance to bid for and win a special The Dunes Golf Package. But that's not all! The festival will be buzzing with fantastic raffles generously supported by local businesses.

To ensure you make the most of this experience, be sure to visit the festival's official website atasteofmatarangi. co.nz. There, you can buy your tickets and you'll find all the information you need to plan your day, including details about participating vendors, transport, the festival programme and the all-day music lineup.

Take a moment to peruse the website and familiarize yourself with the terms and conditions, ensuring a smooth and enjoyable experience for all.

So, mark your calendar, gather your friends and family, and get ready for a day of indulgence at A Taste of Matarangi on 6th April. The countdown is on, and an unforgettable experience awaits!

The festival organisers wish to thank all our sponsors supporting this event.

Gold: All about Whitianga, Creative Fuel, Richardsons Matarangi, CFM Coromandel, Winton Beaches Developments

Silver: Matarangi Beach Paper, Matarangi Rate Payers Assoc. Puku & Kerre's liquor, Four Square Matarangi, Good as Gold Painting, Matarangi Monitoring services, ITM Coromandel, Matarangi Homes, Holistic Health, Hopper Construction, NZPGS

Bronze: Matarangi Plumbing, Peninsula Pests, The Whole BoxnDice NZ, The Matarangi B&B





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Te Rerenga PTA are so excited to announce their first Colour Run to be held on Saturday 23rd March at 11am.

Students are being sponsored for the event with prizes for the top fundraiser available. So dig deep to support our wonderful students!

All family members are encouraged to join in the run for \$10 entry fee.

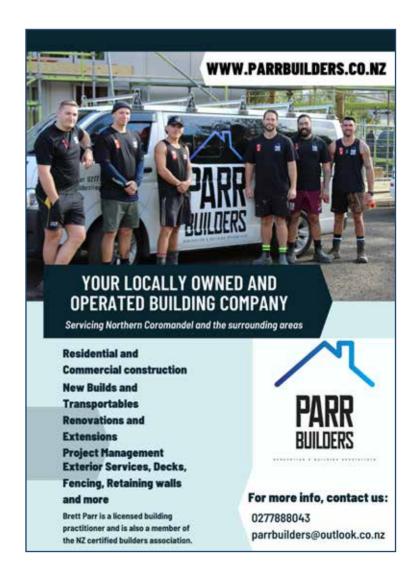
We are also opening up the colour run to the wider community and would love to see you join us! Tickets are \$20pp with under 5s running free.

Come along from 10:30am on the day to sign in and enjoy our colourful day. We cannot wait to see you there!

Any question you can email us at pta@tererenga.school.nz. or call Rachel on 0273710608.















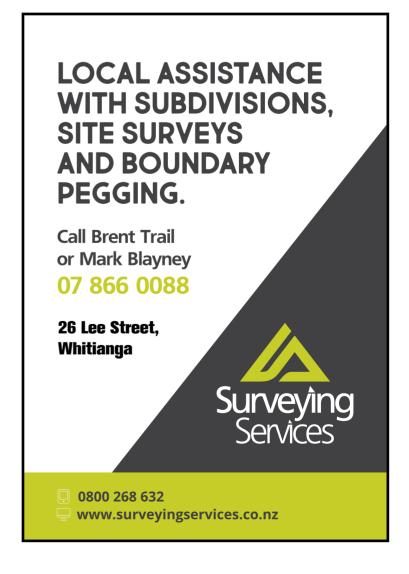












Dunes Golf & Community Club

March 2024





On Tuesday the 20th of February Raymond Fanning from the Dunes and Bob Stevens (PGA) hosted some youngsters from the Kuaotunu Boys Brigade at The Dunes to teach them the basics of golf. The boys and girls really enjoyed honing their golf skills on with Ray and Bob. It was great to see more juniors getting into golf.

This month we look forward to our annual St Patrick's Day 3 Person Ambrose on Sunday 17th of March. Be there for a 10am shotgun start. Entry is \$50 per person, which includes green fees, prizes and a Guinness Pie.



Here are our Deputy Editors Mary and Teresa with the MBP in Nargokot, Nepal. "This has been on our bucket list so it was very special to see the sun rise and set over Mount Everest and the Himalayas," said Mary and Teresa. We love to see where in the world the MBP travels, so please send in your photos!



Golf Shop hours:

Monday - Thursday 8:30 am - 3:00pm Friday 8:30 am - 5:00pm Saturday 8:30 am - 5:00pm Sunday 8:30 - 4:00pm

Bar and Restaurant hours:

Wednesday - 12:00 pm - 5:00pm Thursday -Saturday – 12:00pm - Late Sunday – 12:00 - 5:00pm

Happy Hour 4:00 - 6:00 pm on Friday

For Bookings:

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Coming Events: St Patricks Day 3 person Ambrose

Sunday 17th of March 10am shotgun start. \$50 per person which includes green fees, prizes and a Guinness Pie.

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Puzzle Corner!

This calculation is a long multiplication Below is an example to show how it works.

	1	2	3	4
			5	6
	7	4	0	4
6	1	7	0	0
6	9	1	0	4

The number to be multiplied. The multiplier.

Result of multipling by rightmost number of the multiplier. Result of multipling next number of the multiplier

Addition of the two multiplications above and the answer to the calculation.

		Α	Α	В	С	D	Ε
					F	D	G
		Н	Α	G	I	Н	I
	D	Н	Н	С	J	1	I
F	С	J	G	В	I	I	I
-	_	_	-				

Can you work out the numbers in the calculation adjacent?

We have provided a grid to help.

	0	1	2	3	4	5	6	7	8	
Α										Γ
В										Γ
B C D										
D										
Е										
F										

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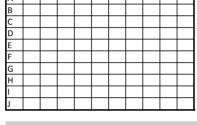


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AUCKLAND TRAVEL JOURNEY

February Puzzle Answer

Amanda	Train	Hamilton	2:30
Bill	Car	Hastings	8:20
Graham	Truck	New Plymouth	5:10
Harper	Bus	Rotorua	4:10
Venus	Speedboat	Coromandel	1:20

Thank You David

It is with great sadness that we inform the MBP readership of the passing last week of David Key. Dave has for the last five years kindly shared with us each month his Logic Puzzles and Sudoku that have challenged our grey matter greatly, albeit always in a fun and whimsical way.

The MBP would publicly like to thank Dave for his great contributions and pass on our condolences to Sheila and the family at this sad time.

March 2024 with Alastair Brickell

This month will be our last chance to view Jupiter for a while as it gets ever lower and sets earlier as it is steadily moving towards the Sun but nevertheless still dominates the evening sky. It will reappear in June on the other side of the Sun so visible then in the mornings. Meanwhile Venus dominates the eastern dawn sky can be fun to watch as it moves slowly amongst much fainter reddish Mars and yellowish Saturn from day to day.. There will be a few Chinese Tiangong and lots of International Space Station (ISS) passes to enjoy this month. It's always best to check the website heavens-above.com for

March 1 - We have a long and bright ISS pass from 9:21pm in the southwest passing through Orion just before disappearing into the Earth's shadow in Gemini.

March 2 - There will be a long and extremely bright ISS pass from 8:33pm tracking high overhead at 8km per second.

March 3 — Another ISS pass tonight from 9:22pm but very low in the west moving just above Jupiter.

March 4 — We can see the ISS tonight from 8:34pm low in the

southwest passing just above Jupiter.
March 7 — The eastern pre dawn sky has very faint Mars just above brilliant Venus almost on the horizon with a crescent Moon above

March 8-Mars is now half way between the crescent Moon and Venus at dawn

March 10 - New Moon tonight so good dark skies for viewing all night.

March 13 – At dusk the Moon lies to the left and below bright Jupiter low on the northwestern horizon.

March 14 - The Moon now sits just to the right of Jupiter at

dusk March 15 - The Moon in the early evening is just to the right

of the Pleiades or Matariki. March 17 - There is a nice triangle tonight with the First Quarter Moon and two red giant stars, Betelgeuse in Orion

above and slightly to the left, and Aldebaran in Taurus to the March 19 - The dawn sky has brilliant Venus below slightly

reddish Mars and above slightly yellowish Saturn just on the horizon and also a bright ISS pass from 6:48am in the north tracking high overhead.

March 21 - Another bright ISS pass from 6:48am in the west passing just below the Southern Cross. March 22 — Venus lies just to the left of very faint Saturn almost

on the eastern dawn horizon with Mars above. The ISS pops out of the Earth's shadow at 6:01am near the Southern Cross. March 23 - The ISS makes a low pass from 6:48am in the southwest.

March 24 - Brilliant Venus is now just below faint Saturn at dawn with Mars above with a good Tiangong pass from 8:40pm in the west from just beside Jupiter. Full Moon tonight.

March 26 - There is a low ISS pass from 6:00am in the south and a Tiangong pass from 8:12pm in the NW.

March 27 - There is a Tiangong pass from 8:46pm in the west disappearing into the Earth's shadow just beside the Southern

March 28 — There is a Tiangong pass in the west from 7:43pm moving beside the Southern Cross.

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Happylocal Hub's co-founder Courtney Linnecar and the Hub's newest health practitioner Jaye Harrod are on a mission to get more people connected with all things health-related in the wider coastal communities. A recent 'Wellness Survey' revealed that the top three areas of importance to locals are exercise, fitness, and weight loss, detox and immune support and lastly social connection and fun. While affordability proved to be a significant barrier to adopting a holistic approach to health.

In direct response to your feedback, we have used a collaborative, community-led approach to launch exciting new initiatives to keep our locals and their wallets happy and healthy!

Thanks to the support of the kind crew at Luke's Kitchen and Whitianga Social Services the Happy Local Hub is launching a weekly door-to-door shuttle service to transport our mature locals to weekly exercise activities such as 'steady and you go' and 'live longer, live stronger'. Lukes's Kitchen Mover and Groover van will pick up independently mobile locals over 65 from Matarangi, Kuaotunu, and Whitianga areas for the cost of a gold coin. If you or your loved one needs assistance with transport or would benefit from a social outing, please contact Jaye on 07 866 44 76.

Age Concern is launching 'The Chin-Wag Cafe' and 'steady as you go' sessions in Kuaotunu. To attend please contact Francine 07 868 9790. www.achc.org. nzo

Some of our valued local health and fitness instructors are collaborating to run a 6-week 'Mojo Reset' for Koha. Sessions run from Kuaotunu three times per

week and includes accountability with regular, private non-invasive weigh-ins, interactive circuits to match your level of fitness, pilates, flexibility, core strength, transitioning menopause, nutrition and education. Sessions are open to both men and women at a beginner's level. Please contact Deb on 021 973 265. Navigating life following the loss of a loved one is a huge adjustment. While we can't take the pain and grief away, we can support you to meet others who are navigating similar challenges, form new bonds and share common interests. Men and women are welcome to call Margaret on 027 780 2744 or email ray.margaret1@xtra.co.nz

Boost IV, Integrative Health are launching on the Coromandel in late March, please view their website for services www.boostiv.co.nz. Treatments will be available from the Happy Local Hub Kuaotunu, Whitianga and via a home mobile service. Please email info@boostiv.co.nz or contact 0800 IV Therapy. You'll be surprised how energised and mentally sharp coldwater therapy makes you feel. If you would like to take the plunge Cam Smith from Matarangi is offering an introductory offer \$40 for a 30-min immersion and deep breathing session. Please contact Cam on 021 026 31 437.

For any queries or to get involved please contact courtney@happylocal.com

Featured: Steve McKenzie, Chuck Edwards, Treena Percy, Christiane Hasselbach, Margaret Burgess, Elisabeth Kendall, Jaye Harrod, Yuvette Simpson, Deborah Maxwell and Courtney Linnecar.









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EVENTS CALENDAR

MONDAYS

Matarangi Ladies Pilates at the Fire Station Ph: Christiane 0273122584

Kuaotunu Library. Open 24/7 when you become a member. Contact Maxine: 07 866 4341 or 027 293 0369.

Books And Banter group is held on the first Monday of each month from 7-9 p.m. Contact Pauline. dickinsonpaulinem@gmail.com

Kuaotunu Craft & Social Club 1-4pm Ph Lia 8662054 @ The Kuaotunu Hall

Yoga: 7am Vinyasa @ Kuaotunu Hall. Ph: 021 08100 125

Contract Bridge. 7pm, St John's Rooms, 355 Tiki Road, Coromandel 3506 Info: Tadek Gawor m:+64 27 235 6335 email: tadekgawor@gmail.com

TUESDAYS

Hatha Yoga 10 - 11.30 am @ Kuaotunu Hall.

WEDNESDAYS

Contract Bridge - 1pm, Mercury Bay Bowling Club, 92 Cook Drive, Whitianga 3510 Info: Tadek Gawor m:+6427 235 6335 email: tadekgawor@

Men on Mats (Pilates for Blokes) 9am till 10am, Allsorts 10am till 11am Matarangi Fire Station Ph: Christiane 0273122584

Kuaotunu Steiner Playgroup. 9am-12pm Kindergarten 8660094

YOGA: 7am Vinyasa @ Kuaotunu Hall. Ph: 021 08100125

Kuaotunu Garden Group meets on the 2nd Wednesday of the month. To contact the committee please email kuaotunugardenclub@gmail.com

THURSDAYS

Thursday Craft Group
Meets at The Dunes 12.30 fortnightly all welcome. Contact Lesley 0212800780

Kuaotunu Dune Care Group

We regularly meet every third Wednesday of the month and other times for planting or specific projects. For information on where to meet contact Jenny ph 021566035

Hatha Yoga 9 - 10.30 am @ Kuaotunu Hall.

Matarangi Dune Restoration Group

Meet first Thursday of every month at Village Green from 09:00 Contact Kay Airey 02041200975 details.

Hatha Yoga 3rd Age Chair Yoga. 9-10.30am

Matarangi Hash House Harriers 'run' the last Saturday (4pm) of each month. Location TBA each month.

Matarangi Sunday Markets start Labour Weekend.

BB: An adventure, activity, and values based ministry for boys aged 5-15 years old. For info contact: Robyn 020 409 39674 robyn.balfour2@hotmail.complease contact Robyn on 020 409 39674.

Dunes Golf & Community Club

MARCH



Club Days:

Monday: 9am - 9 hole Men

Tuesday: 9.30am - 9 hole Ladies

Wednesday: 9am – 18 hole Ladies 10am – 18 hole Men

Thursday: 9am – 9 hole men 9.30am – 9 Hole Ladies

Friday: 3pm - 9 hole Twilight

Saturday: 9.30am - 11am -Saturday Haggle

Bar and Restaurant hours:

Wed - 12-5pm Thurs-Sat - 12-late Sunday – 12-5pm Happy Hour 4-6pm on Friday

Upcoming Event:

St Patricks Day 3 person Ambrose Flyer attached. Sunday 17th of March 10am shotgun start. \$50 per person which includes green fees, prizes and a Guinness Pie.

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For details on how to join, go to: https://www.ourmatarangi.com/join



MARCH 2024 LOCAL TIDES High Low 5:29 11:39 17:54 2 0:05 6:10 12:18 18:34 0:48 6:55 13:02 19:19 4 1:38 7:46 13:52 20:10 5 2:34 8:44 14:48 21:09 9:46 15:50 22:12 7 4:39 10:49 16:55 23:15 8 5:39 11:50 17:58 9 0:15 6:35 12:48 18:57 7:28 13:43 19:53 10 1:11 11 2:04 8:19 14:35 20:45 12 2:55 9:09 15:25 21:36 13 3:45 9:59 16:14 22:26 14 4:35 10:49 17:04 23:16 15 5:27 11:39 17:53 16 0:07 6:20 12:31 18:44 **17 1:01 7:15 13:24 19:37** 18 8:14 14:21 20:34 19 2:59 9:16 15:21 21:35 20 4:01 10:19 16:24 22:37 21 5:01 11:17 17:24 23:35 22 5:54 12:10 18:18 23 0:26 6:41 12:57 19:05 24 1:11 7:23 13:39 19:48 8:02 14:18 20:27 25 1:51 26 2:30 8:39 14:55 21:04 27 3:07 9:16 15:31 21:41 3:44 9:52 16:07 22:18 28 29 4:22 10:29 16:44 22:56 30 5:01 11:08 17:22 23:37 5:44 11:49 18:03

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